

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

Menu Name: 1-Summer School HS Lunch
Site:
Use Alternate Menu Name: No

Include Cost: No
Report Style: Detailed

Tuesday - 07/09/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990476 2-Corn Dog, Foster Farms, Whole Grain | Each | 1 | 240 | 2.50 | 470 | 7 | 0 | 9.00 | 0.00 | 40 | 30.00 | 2.00 | 9.00 | 0 | 100.0 | 0.00 | 1.50 |
| 000013 2-PB&J Sandwich Lunch | 1 each | 1 | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 990306 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 004515 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 000275 2-Peas | 1/2 cup | 1 | 87 | 0.00 | 206 | 6 | 0 | 0.00 | 0.00 | 0 | 16.18 | 5.88 | 5.88 | 0 | 29.4 | 0.00 | 1.59 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001661 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 1453 | 12.55 | 1853 | 97 | 0 | 53.59 | 0.00 | 60 | 188.58 | 21.25 | 57.07 | 9792 | 926.4 | 13.47 | 6.49 |
| % of Calories | | | | 7.77% | | 26.7% | 0% | 33.2% | 0.0% | | 51.9% | | 15.7% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Wednesday - 07/10/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990497 2-Chicken, Spicy Sandwich-only | 1 each | 1 | 430 | 3.00 | 600 | 5 | 0 | 17.00 | 0.00 | 25 | 48.00 | 6.00 | 22.00 | 100 | 240.0 | 0.00 | 4.50 |
| 000013 2-PB&J Sandwich Lunch | 1 each | 1 | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 000478 2-Applesauce | 1/2 cup | 1 | 68 | 0.00 | 17 | 20 | 0 | 0.00 | 0.00 | 0 | 16.97 | 1.13 | 0.00 | 226 | 0.0 | 0.00 | 2.04 |
| 001411 2-Juice, Orange, 100% (4oz.) | 1/2 cup | 1 | 60 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 70.00 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 001681 2-Corn, bulk w/ margarine | 1/2 cup | 1 | 68 | 0.34 | 19 | 2 | 0 | 1.42 | 0.00 | 0 | 8.98 | 1.00 | 1.00 | 0 | 19.9 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|---------------------------|---------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 001661 | 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000802 | 2-Mayo, packet, 9g | each | 1 | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 | 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 | 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | | 1681 | 14.39 | 1841 | 99 | 0 | 69.77 | 0.00 | 50 | 192.97 | 18.30 | 64.59 | 9966 | 1041.5 | 71.20 | 9.75 |
| % of Calories | | | | | 7.70% | | 23.6% | 0% | 37.4% | 0.0% | | 45.9% | | 15.4% | | | | |
| Weekly Nutrient Guideline | | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Thursday - 07/11/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|-------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 990167 | Week 1 | | | | | | | | | | | | | | | | | |
| 990346 | 2-Breaded Cheese Pocket | serving | 1 | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 |
| 990095 | 2-Burrito, Los Cabos | each | 1 | 296 | 4.05 | 499 | 1 | 0 | 8.94 | 0.00 | 18 | 40.86 | 8.81 | 15.12 | 300 | 200.0 | 1.20 | 2.70 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 990306 | 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 004515 | 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001589 | 2-Broccoli,Fresh,Raw | 1/2 CUP | 1 | 15 | 0.00 | 15 | 1 | 0 | 0.16 | 0.00 | 0 | 2.92 | 1.16 | 1.24 | 274 | 20.8 | 39.26 | 0.32 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 002433 2-Potatoes, sweet, mashed | 1/2 cup | 1 | 93 | 0.00 | 4 | 8 | 0 | 0.00 | 0.00 | 0 | 24.22 | 2.85 | 0.00 | 0 | 11.4 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001666 2-Sauce, Taco, packet, 9 gram | 1 each | 1 | 5 | 0.00 | 95 | 0 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1160 | 10.16 | 1511 | 70 | 1 | 30.21 | 0.00 | 74 | 173.37 | 16.02 | 55.63 | 2244 | 1416.7 | 53.94 | 5.64 |
| % of Calories | | | | 7.88% | | 24.1% | 0.3% | 23.4% | 0.0% | | 59.8% | | 19.2% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Friday - 07/12/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux | 1 each | 1 | 403 | 7.50 | 1012 | 5 | 0 | 19.60 | 0.00 | 72 | 33.69 | 3.69 | 27.00 | 528 | 286.7 | 4.69 | 3.98 |
| 990346 2-Breaded Cheese Pocket | serving | 1 | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 990306 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 002590 2-Juice,Fruit Punch,4oz | 1/2 cup | 1 | 60 | 0.00 | 15 | 15 | 0 | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 0 | 0.0 | 1.20 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 003561 2-Beans, Garbanzo | 1/2 cup | 1 | 90 | 0.00 | 140 | 1 | 0 | 0.50 | 0.00 | 0 | 16.00 | 5.00 | 5.00 | 0 | 40.0 | 0.00 | 1.44 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001661 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000802 2-Mayo, packet, 9g | each | 1 | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1360 | 14.61 | 2278 | 74 | 1 | 48.29 | 0.00 | 134 | 163.14 | 14.03 | 71.74 | 10838 | 1511.2 | 19.36 | 8.04 |
| % of Calories | | | | 9.67% | | 21.8% | 0.3% | 32.0% | 0.0% | | 48.0% | | 21.1% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Monday - 07/15/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 002993 2-Pizza, I/W Pepperoni Wedge-Piazza | Each | 1 | 400 | 7.00 | 610 | 6 | 0 | 17.00 | 0.00 | 40 | 36.00 | 1.00 | 19.00 | 500 | 353.0 | 9.00 | 2.00 |
| 002976 2-Pizza, I/W Cheese Wedge-Piazza | each | 1 | 400 | 7.00 | 610 | 6 | 0 | 17.00 | 0.00 | 40 | 36.00 | 1.00 | 19.00 | 500 | 353.0 | 9.00 | 2.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 990558 2-Slushie Fruit Cup | 1/2 Cup | 1 | 1166 | 0.00 | 0 | 208 | 0 | 0.00 | 0.00 | 0 | 260.74 | 26.02 | 0.00 | 0 | 0.0 | 18.69 | 0.14 |
| 002590 2-Juice,Fruit Punch,4oz | 1/2 cup | 1 | 60 | 0.00 | 15 | 15 | 0 | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 0 | 0.0 | 1.20 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 000294 2-Beans, Vegetarian | 1/2 CUP | 1 | 157 | 0.00 | 137 | 7 | 0 | 0.98 | 0.00 | 0 | 28.44 | 4.90 | 4.90 | 0 | 78.5 | 2.35 | 1.76 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 2529 | 17.00 | 1850 | 280 | 0 | 45.58 | 0.00 | 100 | 420.25 | 35.07 | 62.38 | 10640 | 1484.5 | 41.44 | 6.26 |
| % of Calories | | | | 6.05% | | 44.3% | 0% | 16.2% | 0.0% | | 66.5% | | 9.9% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Tuesday - 07/16/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|---------------------------|---------------------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 990167 | Week 1 | | | | | | | | | | | | | | | | | |
| 990476 | 2-Corn Dog, Foster Farms, Whole Grain | Each | 1 | 240 | 2.50 | 470 | 7 | 0 | 9.00 | 0.00 | 40 | 30.00 | 2.00 | 9.00 | 0 | 100.0 | 0.00 | 1.50 |
| 000013 | 2-PB&J Sandwich Lunch | 1 each | 1 | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 990306 | 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 004515 | 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 003505 | 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 000275 | 2-Peas | 1/2 cup | 1 | 87 | 0.00 | 206 | 6 | 0 | 0.00 | 0.00 | 0 | 16.18 | 5.88 | 5.88 | 0 | 29.4 | 0.00 | 1.59 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 001876 | 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 | 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 001661 | 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 | 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 | 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | | 1453 | 12.55 | 1853 | 97 | 0 | 53.59 | 0.00 | 60 | 188.58 | 21.25 | 57.07 | 9792 | 926.4 | 13.47 | 6.49 |
| % of Calories | | | | | 7.77% | | 26.7% | 0% | 33.2% | 0.0% | | 51.9% | | 15.7% | | | | |
| Weekly Nutrient Guideline | | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

Wednesday - 07/17/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | CalcM (mg) | Vit-C (mg) | Iron (mg) | |
|--------|----------------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|--|
| 990167 | Week 1 | | | | | | | | | | | | | | | | | |
| 990497 | 2-Chicken, Spicy Sandwich-only | 1 each | 430 | 3.00 | 600 | 5 | 0 | 17.00 | 0.00 | 25 | 48.00 | 6.00 | 22.00 | 100 | 240.0 | 0.00 | 4.50 | |
| 000013 | 2-PB&J Sandwich Lunch | 1 each | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 | |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 000478 | 2-Applesauce | 1/2 cup | 68 | 0.00 | 17 | 20 | 0 | 0.00 | 0.00 | 0 | 16.97 | 1.13 | 0.00 | 226 | 0.0 | 0.00 | 2.04 | |
| 001411 | 2-Juice, Orange, 100% (4oz.) | 1/2 cup | 60 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 70.00 | 0.00 | |
| 003505 | 2-Carrots, Baby 2.6 Oz. | bag | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 | |
| 001681 | 2-Corn, bulk w/ margarine | 1/2 cup | 68 | 0.34 | 19 | 2 | 0 | 1.42 | 0.00 | 0 | 8.98 | 1.00 | 1.00 | 0 | 19.9 | 0.00 | 0.00 | |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 001876 | 2-Milk, White, Crystal Creamery | 8 oz | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 | |
| 001879 | 2-Milk, Chocolate, Crystal Cream | 8 oz | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 | |
| 001661 | 2-Ketchup, packet, 9 gram | 1 each | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 000802 | 2-Mayo, packet, 9g | each | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 000804 | 2-Mustard, packet, 1/5 oz | 1 each | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 001870 | 2-Ranch packet, 12 gram | ea | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1681 | 14.39 | 1841 | 99 | 0 | 69.77 | 0.00 | 50 | 192.97 | 18.30 | 64.59 | 9966 | 1041.5 | 71.20 | 9.75 |
| % of Calories | | | | 7.70% | | 23.6% | 0% | 37.4% | 0.0% | | 45.9% | | 15.4% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Thursday - 07/18/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990346 2-Breaded Cheese Pocket | serving | 1 | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 |
| 990095 2-Burrito, Los Cabos | each | 1 | 296 | 4.05 | 499 | 1 | 0 | 8.94 | 0.00 | 18 | 40.86 | 8.81 | 15.12 | 300 | 200.0 | 1.20 | 2.70 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 990306 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 004515 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001589 2-Broccoli,Fresh,Raw | 1/2 CUP | 1 | 15 | 0.00 | 15 | 1 | 0 | 0.16 | 0.00 | 0 | 2.92 | 1.16 | 1.24 | 274 | 20.8 | 39.26 | 0.32 |
| 002433 2-Potatoes, sweet, mashed | 1/2 cup | 1 | 93 | 0.00 | 4 | 8 | 0 | 0.00 | 0.00 | 0 | 24.22 | 2.85 | 0.00 | 0 | 11.4 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|---------------------------|-------------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 001666 | 2-Sauce, Taco, packet, 9 gram | 1 each | 1 | 5 | 0.00 | 95 | 0 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 | 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | | 1160 | 10.16 | 1511 | 70 | 1 | 30.21 | 0.00 | 74 | 173.37 | 16.02 | 55.63 | 2244 | 1416.7 | 53.94 | 5.64 |
| % of Calories | | | | | 7.88% | | 24.1% | 0.3% | 23.4% | 0.0% | | 59.8% | | 19.2% | | | | |
| Weekly Nutrient Guideline | | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Friday - 07/19/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|--|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 990167 | Week 1 | | | | | | | | | | | | | | | | | |
| 990388 | 2-Cheeseburger on a bun (Steak Burger Patty) Delux | 1 each | 1 | 403 | 7.50 | 1012 | 5 | 0 | 19.60 | 0.00 | 72 | 33.69 | 3.69 | 27.00 | 528 | 286.7 | 4.69 | 3.98 |
| 990346 | 2-Breaded Cheese Pocket | serving | 1 | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 990306 | 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 002590 | 2-Juice,Fruit Punch,4oz | 1/2 cup | 1 | 60 | 0.00 | 15 | 15 | 0 | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 0 | 0.0 | 1.20 | 0.00 |
| 003505 | 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 003561 | 2-Beans, Garbanzo | 1/2 cup | 1 | 90 | 0.00 | 140 | 1 | 0 | 0.50 | 0.00 | 0 | 16.00 | 5.00 | 5.00 | 0 | 40.0 | 0.00 | 1.44 |
| 001036 | . | | | | | | | | | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|---------------------------|----------------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 001876 | 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 | 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001661 | 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000802 | 2-Mayo, packet, 9g | each | 1 | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 | 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 | 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | | 1360 | 14.61 | 2278 | 74 | 1 | 48.29 | 0.00 | 134 | 163.14 | 14.03 | 71.74 | 10838 | 1511.2 | 19.36 | 8.04 |
| % of Calories | | | | | 9.67% | | 21.8% | 0.3% | 32.0% | 0.0% | | 48.0% | | 21.1% | | | | |
| Weekly Nutrient Guideline | | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Monday - 07/22/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|-------------------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 990167 | Week 1 | | | | | | | | | | | | | | | | | |
| 002993 | 2-Pizza, I/W Pepperoni Wedge-Piazza | Each | 1 | 400 | 7.00 | 610 | 6 | 0 | 17.00 | 0.00 | 40 | 36.00 | 1.00 | 19.00 | 500 | 353.0 | 9.00 | 2.00 |
| 002976 | 2-Pizza, I/W Cheese Wedge-Piazza | each | 1 | 400 | 7.00 | 610 | 6 | 0 | 17.00 | 0.00 | 40 | 36.00 | 1.00 | 19.00 | 500 | 353.0 | 9.00 | 2.00 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 990558 | 2-Slushie Fruit Cup | 1/2 Cup | 1 | 1166 | 0.00 | 0 | 208 | 0 | 0.00 | 0.00 | 0 | 260.74 | 26.02 | 0.00 | 0 | 0.0 | 18.69 | 0.14 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|---------------|-------------------------|-------------|---------------|--------------|--------------|--------------|------------------------|--------------|-------------|
| 002590 2-Juice,Fruit Punch,4oz | 1/2 cup | 1 | 60 | 0.00 | 15 | 15 | 0 | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 0 | 0.0 | 1.20 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 000294 2-Beans, Vegetarian | 1/2 CUP | 1 | 157 | 0.00 | 137 | 7 | 0 | 0.98 | 0.00 | 0 | 28.44 | 4.90 | 4.90 | 0 | 78.5 | 2.35 | 1.76 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 2529 | 17.00 | 1850 | 280 | 0 | 45.58 | 0.00 | 100 | 420.25 | 35.07 | 62.38 | 10640 | 1484.5 | 41.44 | 6.26 |
| % of Calories | | | | 6.05% | | 44.3% | 0% | 16.2% | 0.0% | | 66.5% | | 9.9% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Tuesday - 07/23/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990476 2-Corn Dog, Foster Farms, Whole Grain | Each | 1 | 240 | 2.50 | 470 | 7 | 0 | 9.00 | 0.00 | 40 | 30.00 | 2.00 | 9.00 | 0 | 100.0 | 0.00 | 1.50 |
| 000013 2-PB&J Sandwich Lunch | 1 each | 1 | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 |
| 001036 . | | | | | | | | | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) | |
|---------------------------|----------------------------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|------|
| 990306 | 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 004515 | 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 003505 | 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 000275 | 2-Peas | 1/2 cup | 1 | 87 | 0.00 | 206 | 6 | 0 | 0.00 | 0.00 | 0 | 16.18 | 5.88 | 5.88 | 0 | 29.4 | 0.00 | 1.59 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 001876 | 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 | 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 001661 | 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 | 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 | 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | | 1453 | 12.55 | 1853 | 97 | 0 | 53.59 | 0.00 | 60 | 188.58 | 21.25 | 57.07 | 9792 | 926.4 | 13.47 | 6.49 |
| % of Calories | | | | | 7.77% | | 26.7% | 0% | 33.2% | 0.0% | | 51.9% | | 15.7% | | | | |
| Weekly Nutrient Guideline | | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Wednesday - 07/24/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|--------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 990167 | Week 1 | | | | | | | | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990497 2-Chicken, Spicy Sandwich-only | 1 each | 1 | 430 | 3.00 | 600 | 5 | 0 | 17.00 | 0.00 | 25 | 48.00 | 6.00 | 22.00 | 100 | 240.0 | 0.00 | 4.50 |
| 000013 2-PB&J Sandwich Lunch | 1 each | 1 | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 000478 2-Applesauce | 1/2 cup | 1 | 68 | 0.00 | 17 | 20 | 0 | 0.00 | 0.00 | 0 | 16.97 | 1.13 | 0.00 | 226 | 0.0 | 0.00 | 2.04 |
| 001411 2-Juice, Orange, 100% (4oz.) | 1/2 cup | 1 | 60 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 70.00 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 001681 2-Corn, bulk w/ margarine | 1/2 cup | 1 | 68 | 0.34 | 19 | 2 | 0 | 1.42 | 0.00 | 0 | 8.98 | 1.00 | 1.00 | 0 | 19.9 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001661 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000802 2-Mayo, packet, 9g | each | 1 | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1681 | 14.39 | 1841 | 99 | 0 | 69.77 | 0.00 | 50 | 192.97 | 18.30 | 64.59 | 9966 | 1041.5 | 71.20 | 9.75 |
| % of Calories | | | | 7.70% | | 23.6% | 0% | 37.4% | 0.0% | | 45.9% | | 15.4% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

Thursday - 07/25/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|--|
| 990167 Week 1 | | | | | | | | | | | | | | | | | | |
| 990346 2-Breaded Cheese Pocket | 1 serving | 1 | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 | |
| 990095 2-Burrito, Los Cabos | each | 1 | 296 | 4.05 | 499 | 1 | 0 | 8.94 | 0.00 | 18 | 40.86 | 8.81 | 15.12 | 300 | 200.0 | 1.20 | 2.70 | |
| 001036 . | | | | | | | | | | | | | | | | | | |
| 990306 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 | |
| 004515 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 001589 2-Broccoli,Fresh,Raw | 1/2 CUP | 1 | 15 | 0.00 | 15 | 1 | 0 | 0.16 | 0.00 | 0 | 2.92 | 1.16 | 1.24 | 274 | 20.8 | 39.26 | 0.32 | |
| 002433 2-Potatoes, sweet, mashed | 1/2 cup | 1 | 93 | 0.00 | 4 | 8 | 0 | 0.00 | 0.00 | 0 | 24.22 | 2.85 | 0.00 | 0 | 11.4 | 0.00 | 0.00 | |
| 001036 . | | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 | |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 | |
| 001666 2-Sauce, Taco, packet, 9 gram | 1 each | 1 | 5 | 0.00 | 95 | 0 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 001036 . | | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1160 | 10.16 | 1511 | 70 | 1 | 30.21 | 0.00 | 74 | 173.37 | 16.02 | 55.63 | 2244 | 1416.7 | 53.94 | 5.64 | |
| % of Calories | | | | | 7.88% | | 24.1% | 0.3% | 23.4% | 0.0% | | 59.8% | | 19.2% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

Friday - 07/26/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|--|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|--|
| 990167 | Week 1 | | | | | | | | | | | | | | | | | |
| 990388 | 2-Cheeseburger on a bun (Steak Burger Patty) Delux | 1 each | 403 | 7.50 | 1012 | 5 | 0 | 19.60 | 0.00 | 72 | 33.69 | 3.69 | 27.00 | 528 | 286.7 | 4.69 | 3.98 | |
| 990346 | 2-Breaded Cheese Pocket | serving | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 | |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 990306 | 2-Fruit, Variety | 1/2 cup | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 | |
| 002590 | 2-Juice,Fruit Punch,4oz | 1/2 cup | 60 | 0.00 | 15 | 15 | 0 | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 0 | 0.0 | 1.20 | 0.00 | |
| 003505 | 2-Carrots, Baby 2.6 Oz. | bag | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 | |
| 003561 | 2-Beans, Garbanzo | 1/2 cup | 90 | 0.00 | 140 | 1 | 0 | 0.50 | 0.00 | 0 | 16.00 | 5.00 | 5.00 | 0 | 40.0 | 0.00 | 1.44 | |
| 001036 | . | | | | | | | | | | | | | | | | | |
| 001876 | 2-Milk, White, Crystal Creamery | 8 oz | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 | |
| 001879 | 2-Milk, Chocolate, Crystal Cream | 8 oz | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 | |
| 001661 | 2-Ketchup, packet, 9 gram | 1 each | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 000802 | 2-Mayo, packet, 9g | each | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 000804 | 2-Mustard, packet, 1/5 oz | 1 each | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |
| 001870 | 2-Ranch packet, 12 gram | ea | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1360 | 14.61 | 2278 | 74 | 1 | 48.29 | 0.00 | 134 | 163.14 | 14.03 | 71.74 | 10838 | 1511.2 | 19.36 | 8.04 |
| % of Calories | | | | 9.67% | | 21.8% | 0.3% | 32.0% | 0.0% | | 48.0% | | 21.1% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Monday - 07/29/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 002993 2-Pizza, I/W Pepperoni Wedge-Piazza | Each | 1 | 400 | 7.00 | 610 | 6 | 0 | 17.00 | 0.00 | 40 | 36.00 | 1.00 | 19.00 | 500 | 353.0 | 9.00 | 2.00 |
| 002976 2-Pizza, I/W Cheese Wedge-Piazza | each | 1 | 400 | 7.00 | 610 | 6 | 0 | 17.00 | 0.00 | 40 | 36.00 | 1.00 | 19.00 | 500 | 353.0 | 9.00 | 2.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 990558 2-Slushie Fruit Cup | 1/2 Cup | 1 | 1166 | 0.00 | 0 | 208 | 0 | 0.00 | 0.00 | 0 | 260.74 | 26.02 | 0.00 | 0 | 0.0 | 18.69 | 0.14 |
| 002590 2-Juice,Fruit Punch,4oz | 1/2 cup | 1 | 60 | 0.00 | 15 | 15 | 0 | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 0 | 0.0 | 1.20 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 000294 2-Beans, Vegetarian | 1/2 CUP | 1 | 157 | 0.00 | 137 | 7 | 0 | 0.98 | 0.00 | 0 | 28.44 | 4.90 | 4.90 | 0 | 78.5 | 2.35 | 1.76 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001036 . | | | | | | | | | | | | | | | | | |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 2529 | 17.00 | 1850 | 280 | 0 | 45.58 | 0.00 | 100 | 420.25 | 35.07 | 62.38 | 10640 | 1484.5 | 41.44 | 6.26 |
| % of Calories | | | | 6.05% | | 44.3% | 0% | 16.2% | 0.0% | | 66.5% | | 9.9% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Tuesday - 07/30/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990476 2-Corn Dog, Foster Farms, Whole Grain | Each | 1 | 240 | 2.50 | 470 | 7 | 0 | 9.00 | 0.00 | 40 | 30.00 | 2.00 | 9.00 | 0 | 100.0 | 0.00 | 1.50 |
| 000013 2-PB&J Sandwich Lunch | 1 each | 1 | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 990306 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 004515 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 000275 2-Peas | 1/2 cup | 1 | 87 | 0.00 | 206 | 6 | 0 | 0.00 | 0.00 | 0 | 16.18 | 5.88 | 5.88 | 0 | 29.4 | 0.00 | 1.59 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001661 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 1453 | 12.55 | 1853 | 97 | 0 | 53.59 | 0.00 | 60 | 188.58 | 21.25 | 57.07 | 9792 | 926.4 | 13.47 | 6.49 |
| % of Calories | | | | 7.77% | | 26.7% | 0% | 33.2% | 0.0% | | 51.9% | | 15.7% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Wednesday - 07/31/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990497 2-Chicken, Spicy Sandwich-only | 1 each | 1 | 430 | 3.00 | 600 | 5 | 0 | 17.00 | 0.00 | 25 | 48.00 | 6.00 | 22.00 | 100 | 240.0 | 0.00 | 4.50 |
| 000013 2-PB&J Sandwich Lunch | 1 each | 1 | 628 | 7.05 | 572 | 21 | 0 | 33.75 | 0.00 | 0 | 58.95 | 8.03 | 22.12 | 0 | 81.6 | 0.00 | 2.85 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 000478 2-Applesauce | 1/2 cup | 1 | 68 | 0.00 | 17 | 20 | 0 | 0.00 | 0.00 | 0 | 16.97 | 1.13 | 0.00 | 226 | 0.0 | 0.00 | 2.04 |
| 001411 2-Juice, Orange, 100% (4oz.) | 1/2 cup | 1 | 60 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 70.00 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001681 2-Corn, bulk w/ margarine | 1/2 cup | 1 | 68 | 0.34 | 19 | 2 | 0 | 1.42 | 0.00 | 0 | 8.98 | 1.00 | 1.00 | 0 | 19.9 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001661 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000802 2-Mayo, packet, 9g | each | 1 | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1681 | 14.39 | 1841 | 99 | 0 | 69.77 | 0.00 | 50 | 192.97 | 18.30 | 64.59 | 9966 | 1041.5 | 71.20 | 9.75 |
| % of Calories | | | | 7.70% | | 23.6% | 0% | 37.4% | 0.0% | | 45.9% | | 15.4% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Thursday - 08/01/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |
| 990346 2-Breaded Cheese Pocket | serving | 1 | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 |
| 990095 2-Burrito, Los Cabos | each | 1 | 296 | 4.05 | 499 | 1 | 0 | 8.94 | 0.00 | 18 | 40.86 | 8.81 | 15.12 | 300 | 200.0 | 1.20 | 2.70 |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001036 . | | | | | | | | | | | | | | | | | |
| 990306 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 004515 2-Juice, Apple (4oz.) | 1/2 cup | 1 | 50 | 0.00 | 0 | 12 | 0 | 0.00 | 0.00 | 0 | 13.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001589 2-Broccoli,Fresh,Raw | 1/2 CUP | 1 | 15 | 0.00 | 15 | 1 | 0 | 0.16 | 0.00 | 0 | 2.92 | 1.16 | 1.24 | 274 | 20.8 | 39.26 | 0.32 |
| 002433 2-Potatoes, sweet, mashed | 1/2 cup | 1 | 93 | 0.00 | 4 | 8 | 0 | 0.00 | 0.00 | 0 | 24.22 | 2.85 | 0.00 | 0 | 11.4 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001666 2-Sauce, Taco, packet, 9 gram | 1 each | 1 | 5 | 0.00 | 95 | 0 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1160 | 10.16 | 1511 | 70 | 1 | 30.21 | 0.00 | 74 | 173.37 | 16.02 | 55.63 | 2244 | 1416.7 | 53.94 | 5.64 |
| % of Calories | | | | 7.88% | | 24.1% | 0.3% | 23.4% | 0.0% | | 59.8% | | 19.2% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Friday - 08/02/2024

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990167 Week 1 | | | | | | | | | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux | 1 each | 1 | 403 | 7.50 | 1012 | 5 | 0 | 19.60 | 0.00 | 72 | 33.69 | 3.69 | 27.00 | 528 | 286.7 | 4.69 | 3.98 |
| 990346 2-Breaded Cheese Pocket | serving | 1 | 290 | 3.11 | 476 | 2 | 1 | 10.35 | 0.00 | 36 | 28.99 | 0.00 | 19.67 | 518 | 469.0 | 0.00 | 2.07 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 990306 2-Fruit, Variety | 1/2 cup | 1 | 91 | 0.00 | 2 | 12 | 0 | 0.25 | 0.00 | 0 | 23.38 | 3.20 | 0.59 | 152 | 15.4 | 12.27 | 0.19 |
| 002590 2-Juice,Fruit Punch,4oz | 1/2 cup | 1 | 60 | 0.00 | 15 | 15 | 0 | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 0 | 0.0 | 1.20 | 0.00 |
| 003505 2-Carrots, Baby 2.6 Oz. | bag | 1 | 26 | 0.00 | 57 | 4 | 0 | 0.10 | 0.00 | 0 | 6.07 | 2.14 | 0.47 | 8640 | 0.0 | 0.00 | 0.00 |
| 003561 2-Beans, Garbanzo | 1/2 cup | 1 | 90 | 0.00 | 140 | 1 | 0 | 0.50 | 0.00 | 0 | 16.00 | 5.00 | 5.00 | 0 | 40.0 | 0.00 | 1.44 |
| 001036 . | | | | | | | | | | | | | | | | | |
| 001876 2-Milk, White, Crystal Creamery | 8 oz | 1 | 130 | 1.50 | 160 | 15 | 0 | 2.50 | 0.00 | 15 | 16.00 | 0.00 | 10.00 | 500 | 400.0 | 1.20 | 0.00 |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 120 | 0.00 | 150 | 19 | 0 | 0.00 | 0.00 | 5 | 22.00 | 0.00 | 9.00 | 500 | 300.0 | 0.00 | 0.36 |
| 001661 2-Ketchup, packet, 9 gram | 1 each | 1 | 10 | 0.00 | 65 | 1 | 0 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000802 2-Mayo, packet, 9g | each | 1 | 70 | 1.00 | 30 | 0 | 0 | 7.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000804 2-Mustard, packet, 1/5 oz | 1 each | 1 | 1 | 0.00 | 60 | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001870 2-Ranch packet, 12 gram | ea | 1 | 70 | 1.50 | 110 | 0 | 0 | 8.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 001036 . | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 1360 | 14.61 | 2278 | 74 | 1 | 48.29 | 0.00 | 134 | 163.14 | 14.03 | 71.74 | 10838 | 1511.2 | 19.36 | 8.04 |
| % of Calories | | | | 9.67% | | 21.8% | 0.3% | 32.0% | 0.0% | | 48.0% | | 21.1% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | | <=0 | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

Jul 9, 2024 thru Aug 2, 2024

| | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|-------------------|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--------------|--------------|---------------|---------------------------|---------------|--------------|
| Weighted Averages | 1590 | 14 | 1867 | 116 | 0 | 49.69 | 0.00 | 83 | 217.53 | 20.19 | 62.28 | 8594 | 1265 | 39.80 | 7.29 |
| % of Calories | | 7.68% | | 29.2% | 0% | 28.1% | 0.0% | | 54.7% | | 15.7% | | | | |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.